

OUR PERSONAL BEST!

This year 2020 was meant to be an Olympic year, the venue was to be Tokyo but with the *Corona 19* virus it has been postponed indefinitely.

So often after an Olympic event irrespective if an athlete wins a medal they, after competing when interviewed, say that they are so relieved to achieve a *PB!* This is where they have achieved their *personal best* in what event they have participated in.

Over the years I have often heard this term and recently I thought that it is also a great metaphor in speaking about the Christian life! It's true that very few people will ever reach the top of their professions or their life interest and ultimately this is not that important. What is most important is that at the end of anyone's life if it's to be regarded as successful it is because a person is known to have done their best. The field that this could well be includes being a parent, a brother, sister, worker, athlete, single person, priest or Religious and many more!

A current famous footballer when recently interviewed said with probable unintended wisdom; *"I know that I will get respect from my team mates when I do the simple, hard things consistently well that so often the punters on the sidelines don't readily notice."*

Jesus of Nazareth had another way of expressing this reality when he tells his followers: *"That they are to take the narrow path."* Fr Martin R Maunsell